

## RECOMMENDED WINTER VEGETABLES AND PLANTING DATES FOR EASTERN KENTUCKY (PLANT HARDINESS ZONE 6B)

*All dates are for direct sowing, unless transplants are indicated (T).*

Vegetable	Recommended Varieties	Open	Low Tunnel
Arugula		8/15-10/1	10/1-11/1
Beet	Cylindra, Bull's Blood	8/1-9/1*	8/15-11/1*
Broccoli (T)	Premium Crop, Packman	8/1-8/21	8/15-10/1
Brussel Sprouts (T)	Catskill Long Island Improved, Jade Cross	7/15-8/7	7/15-9/15
Cabbage, loose leaf (Asian)	Michihili, Canton Bok Pak Choy	8/15-10/1*	9/1-11/1*
Cabbage, heading (T)	January King, Savoy types	7/15-8/7	7/15-9/15
Carrots	Napoli, Danvers, Nelson	7/1-8/15	8/7-9/7
Cauliflower (T)	Snowball Self-Blanching Fall	8/1-8/21	8/1-10/21
Claytonia		9/15-10/15	10/1-11/20
Collards (T)		8/15-10/1	9/1-11/1
Cress	Pepper Cress	9/1-10/1	10/1-11/1
Endive/Escarole/Radicchio	De Meaux Endive, Palla Rossa Radicchio	7/15-8/15	8/15-10/1*
Fava beans	Aquadulce, Sweet Lorane	8/1-11/15*	10/1-11/7*
Garlic (from cloves)	Inchelium Red, Georgia Fire	10/15-11/15	--
Kale	Red Russian, Blue Curled Scotch	7/15-9/15*	9/1-11/1*
Kohlrabi	Early Purple or White Vienna	8/1-9/1	8/15-9/15
Leek (T)	Tadorna	7/1-8/1	8/15-9/15
Lettuce	Rouge d'Hiver, Winter Density, Lollo Rossa	8/15-10/1	10/1-11/1*
Mache (Corn Salad)	Vit	9/15-11/1	9/15-12/1*
Minutina		8/1-9/1	9/1-10/1
Mustard Greens	Mizuna, Japanese Giant Red	8/15-10/1*	10/1-11/1*
Parsnip	Lancer	7/1-8/1*	8/1-9/1*
Peas	Sugar Ann, Oregon Sugar Pod	7/15-9/1	--
Radish	Round Black Spanish, Violet de Gournay	8/15-10/1	9/21-10/15
Rapini (Broccoli Raab)	Sorrento, purple sprouting broccoli	8/15-9/15	9/1-10/15*
Rutabaga	Laurentian	7/1-8/15	8/1-9/15
Spinach	Tyee, Bloomsdale Longstanding	8/15-9/15	9/1-11/1*
Swiss Chard	Bright Lights, Verde de Taglio	6/15-9/10	8/1-10/1*
Tatsoi		8/1-10/7*	9/1-11/1*
Turnip	Hakurei, Golden Globe	7/15-9/7	9/1-10/1*

\*Later dates are for production of baby greens, or an early spring start.

*\*\*Please note that these dates are guidelines only, having originated from my own trial-and-error,  
Cooperative Extension Service publications, and books by Eliot Coleman.*

Courtesy of Cathy Rehmeyer, Ph.D.  
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