

Get Involved

- **Start a garden at your home or business**

The project's goal is to get 500 wildly successful gardens in Madisonville to reduce food insecurity.

- **Volunteer to build gardens**

Each Spring, crews of volunteers build the raised garden beds weekdays after work and on weekends. New crew members are always welcome!



- **Become a Mentor**

Experienced gardeners can sign-up for "office hours" twice a month in the Lighthouse Community School garden at 6001 Chandler St. to help new gardeners.

- **Madisonville Garden Market**

Lighthouse Community School students sell produce they raise at 6001 Chandler St. Mid-May to October on Thursdays and Saturdays. Proceeds benefit the school's Urban Agriculture program.

Sign-up at
www.500gardens.org or
call (513) 666-0375



500 Gardens is a project of
Sidestreams Foundation, Inc. made
possible with the support of:



The Carol Ann and
Ralph V. Haile, Jr.



FOUNDATION

An independent family foundation



Sign-up or get more info
www.500gardens.org
513-666-0375

**Changing the community,
one garden at a time.**

Project of

sidestreams

Sidestreams Foundation, Inc. is a 501(c)(3) nonprofit with the mission of building gardens and creating locally grown fresh food projects alongside people living in food desert communities.

The organization has been working in Madisonville since 2011 reusing vacant urban land, creating urban farms, building group and individual gardens, and sponsoring educational programs.

Since Sidestreams launched the 500 Gardens Madisonville project it has been changing the landscape of the community one garden at a time.



Why Garden?

- **Quality Food**– Know what methods are used to produce your food. 95% of participants surveyed said better tasting food was their reason to garden.
- **Exercise**– Gardening helps strengthen and stretch the body. Getting you moving in the fresh air is a therapy for the body and mind.



- **Develop a New Hobby**– 82% of participants surveyed said they decided to garden to learn something new.
- **Community**– Family, friends and neighbors can work together in gardens. Plus it beautifies your home and neighborhood.
- **Save Money**- Gardening provides nearly free food.

Want a Garden?

1. Sign-up at www.500gardens.org or call (513) 898-1313. Gardens can be built anywhere with access to sunlight: yards, apartment complexes, vacant lots, schools, daycare facilities, businesses.
2. If you're a newer gardener we require you take a 1 hour basic gardening class prior to building your bed. 500 Gardens offers mentoring and classes, to help you succeed. We teach the "square foot gardening method," and will give you a plan like the one at the bottom of this page.
3. Pay \$50 fee which includes cost of lumber, wonderfully-rich soil and seeds/plants. If residents don't have the funds, you can volunteer with 500 Gardens to waive the fee.
4. Volunteers builders will schedule a time to build your 4'x8' raised garden bed. Beds can also be built for wheelchair accessibility.

Tomato	Peas	Tomato	Peas	Peas	Tomato	Peas	Tomato
Carrots	Marigold	Carrots	Beets	Spinach	Carrots	Marigold	Beets
Kale	Onions	Pepper	Onions	Collards	Onions	Pepper	Basil
Beets	Collards	Carrots	Kale	Spinach	Broccoli	Onions	Lettuce

1 per sq ft- tomato, collards, kale
4 per sq ft-lettuce spinach
9 per sq ft- beets
16 per sq ft-onions, carrots, radish

